



A Guide for Beginners

by Wallace Easton

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About the Author

Wallace Easton was an active and popular palm reader for several years. Wallace says that he has had a lot of enjoyment from the interaction with the people whose palms he has read.

He travels extensively and no longer does readings except occasionally for friends or ex-clients. Their positive feedback encouraged him to write this book where he shares his knowledge of this ancient practice in simple language.

Wallace believes that almost anyone can learn to give good palm readings by following the steps he outlines in this guide.

"I believe that this is a great hobby which can genuinely help someone to learn more about their own desires and strengths.

It's particularly enjoyable because it gives a sincere reader an opportunity to touch other people's lives in a positive way.

Someone who can read palms will be very popular at social occasions. Even the most skeptical among your friends will want a reading.

Wallace has made the guide easy to follow and tried it out on several people with all sorts of backgrounds.

Now, it's your turn to learn and benefit from his knowledge and experience of the ancient art of Palm Reading.

A Quick Introduction

I wrote this book to help you learn to read palms the way I did it professionally for several years.

Since I retired as a professional palmist, I've "kept my hand in" with readings for friends and ex-clients without charging them.

Some of them have asked me to show them how to read palms and this book is the result. It's been road-tested by several people with widely different backgrounds, so I am confident that you can learn from it too.

I've focused on Palmistry without bringing in other interests like Astrology, Numerology or Tarot Reading. This will simplify your study and shorten the time it takes you to become confident about your ability.

Don't put off doing your first reading until you feel you have everything perfect.

Just studying the theory and trying for perfect recall of the names and characteristics of all the features on the average hand could mean that you never get started or that your first readings are full of theory and not focused on the needs of the person you read for.

Every reader I know made mistakes with their first readings and probably still do on occasions.

It's very important to realize that some points will only become really clear to you after you begin to practice with real people.

When you feel you are ready to do your first couple of real-life readings, ask a couple of helpful friends. This will make the theory you study in the book easier to understand, give you some necessary confidence and speed your progress through further study.

I strongly recommend that you do not do readings for members of your immediate family until you've had some practice with people you are comfortable around but not so closely bonded too.

Your family may seem the ideal people to be your "guinea pigs" but they will probably be too supportive and uncritical that you will not get any useful feedback.

Also, they will think that you are using your deep background knowledge of them and their activities to color your readings and not believe you are just following the guidelines you got from this ebook.

That can make your first readings even harder than if you work with comparative strangers.

Learning palm reading will help you to improve your personal interaction with a wide range of people as well as giving you the opportunity to add some enjoyment to the lives of the people whose hands you handle.

Focus on the positive and don't tell them anything which might upset them.

Although some palmists tell the people they read for that the lines in their hand may indicate health problems or even the approximate length of their life, I avoid such areas because pronouncements can become dangerous "self-fulfilling prophecies".

Important Note

The instructions in this book are based on the way I have done my readings through my career.

Not every palm reader or palmistry book follows exactly the same methods. But, I believe that you will find this system effective and acceptable to all the people that you read for.

I don't argue with palm readers that have different but equally sincere views about how they interpret what they see in someone's hand.

My methods have worked for me and I have had great feedback from the people I have read for.

I do and recommend what has worked for me.

Wallace Easton 2009

Getting Started

You can, of course, use your own hands for study or those in this book. I used photos of other people's hands for my early study but you can choose whatever is most convenient for you.



You will probably find it easier in the beginning to use a picture of your own or someone else's hands so that you can mark the lines on it and add labels to them.

Yes, you need to examine both hands of each person.

The less active hand (the one which they use least) will, according to the accepted rules of palmistry, display information about the potentials and abilities which that person was born with.

Study of the dominant hand, the one which they use most, will indicate how the person has developed as they grew up and whether they have used, abused or neglected the potentials which were indicated in the left hand.

The lines on our hands do change through our lives but their general appearance remains the same. We don't notice these changes because they are gradual and often very small.

The hands will **not** give you a reliable indication of how long someone may live. It just indicates the type of life journey which the person is having. Their own actions and values will affect the results they get and the degree of happiness and success they attain.

The "Line of Life" is explained with more detail in the chapter about the most significant Lines.

I have illustrated the chapters with pictures of various people's hands. You may use these only for your own study. Over time, I hope you will examine each of the pictures and make your own reading from them.

Your conclusions may be different in some aspects to mine. That does not mean they are wrong. Just be sure that you have used the information correctly and consistently.

Becoming a Good Palm Reader

The first step is to study the information in this book.

When you think you have a fair understanding of it and you've made your own readings of the hands in this book or from other sources, try a couple of readings with friends but not ones that you are particularly close to.

Have your Palm Read

You can also learn much about how to do palm reading from having your own palm read.

You should try to get some feedback from friends about any local palm readers they have gone to.

When you find someone that you think will give you a good reading, contact the reader and make an appointment.

Take careful notes of the process, the questions you are asked etc.

Don't expect more than any other person would get from the reader.

They won't be able to give you instruction about how to do readings unless they also teach palm reading.

The fee for that instruction will cost a lot more than a regular reading and would involve a series of sessions.

Most good readers are already busy enough with their readings and their own study.

Keep Learning: Read about Palm reading but also about other subjects that will help you to improve your interaction with the people you read for.

The first step to acquiring that confidence is to know the basics discussed in this ebook thoroughly.

Then, you need to get enough practise that you are completely comfortable with every part of the process yourself.

When you have that, you will be ready to start doing readings for anyone that asks.

Your effort and time spent learning and practising will pay off. You will have a skill that can bring you enjoyment for years to come.

Some sections will take more time than others.

Don't be concerned if your progress through the material is slower than you hoped.

Everyone learns at their own particular pace.

If you are not used to studying by yourself, when there's no-one looking over your shoulder like your teacher did at school, it can be hard to maintain good study habits and easy to be distracted by pets, people or a favorite television show.

Just setting a goal of finishing your study could make it seem a very big task.

I suggest that you set smaller goals along the way.

Try to learn a new segment covering, say, just one or two lines or Mounts during one session.

Read the information and then test yourself on how to recognize them and their significance by looking for them on the hands in the book.

Sometimes, you will have time go on to the next segment but some segments will take more time than you expect.

When you start the next session, review you knowledge of what you studied in the previous session. This gives you multiple exposures to the new information and practise using your new knowledge.

Very few people can absorb new information in just one session and then be able to recall and use it later on.

But, you will develop your memory and concentration as you go through the sections which will also help you when you want to study palm reading further or learn anything else in the future.

The Mounts in Your Palm.

Palm readers refer to the small padded areas in your palm as Mounts and each has a traditional name associated with the planets of our solar system.

This may be because the people that labeled them were also interested in Astrology or Astronomy.

The mounts vary in the degree of definition and you can give them each a value relevant to the attribute which is assigned to that mount according to the prominence of that particular mount in that person's hand.

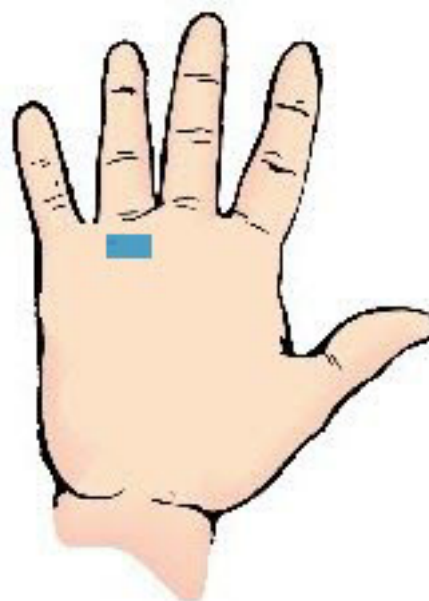
If you are not confident that you can decide whether a particular Mount is at a medium or elevated level, gently press each Mount to get a better idea of its elevation above the surface of the palm.

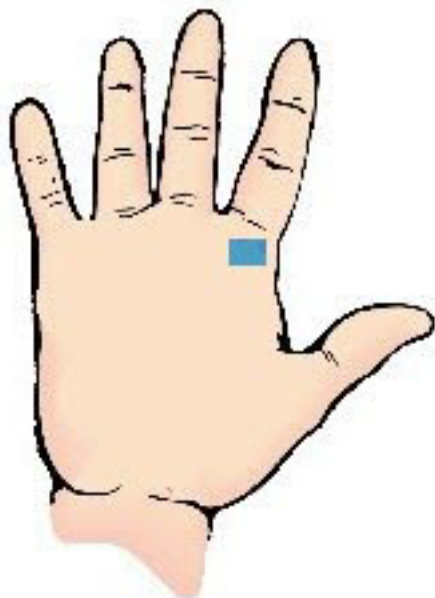
This will also let you check the consistency of that particular Mount. When a Mount is soft or sponge-like, the person probably has less of the attribute attached to that Mount.

Apollo.

The Mount of Apollo is called the Mount of the Sun by many palmists and reflects the person's level of interest or activity in artistic pursuits. A low Mount could be found on a person that is focused more on other areas.

This mount indicates and appreciation of beauty in all its forms. If this Mount is well-developed, the person may tend to value appearance above reality.





Jupiter

The Mount of Jupiter can be found just below the first finger. It is believed to indicate the person's level of optimism, self-belief and likelihood of attracting good luck.

Someone with a noticeable mount of Jupiter has the potential for success through their own efforts and is likely to attract good luck because they have a natural optimism and belief in themselves.

If their Mount of Jupiter is very prominent, there is the potential to seek power just for their own benefit.

A poorly developed Mount of Jupiter may indicate someone that has trouble attracting good fortune, probably because their self-belief is always at a low ebb.

It's generally accepted that keeping yourself optimistic with a strong self-belief and avoiding, where possible, negative influences will bring anyone more good luck!

Mars

There are two Mounts called Mars on each hand, the minor Mount of Mars and the major Mount of Mars. They are on opposite sides of the palm. Between them is a depression which is referred to as the Plain of Mars.

Both of these Mounts can be difficult to locate until you get some experience.

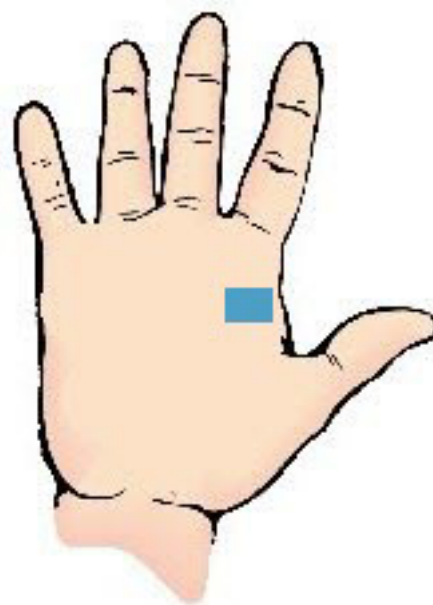
Mars (minor)

The minor Mount of Mars is found on the palm between the base of the thumb and the Mount of Jupiter.

This mount indicates the person's temper, strength and level of aggressiveness but on a more intellectual level than the Mount of Mars (major).

A high Mount of Mars (minor) indicates a compulsive achiever.

When the Mount is low, the person is likely to be a much more passive type.



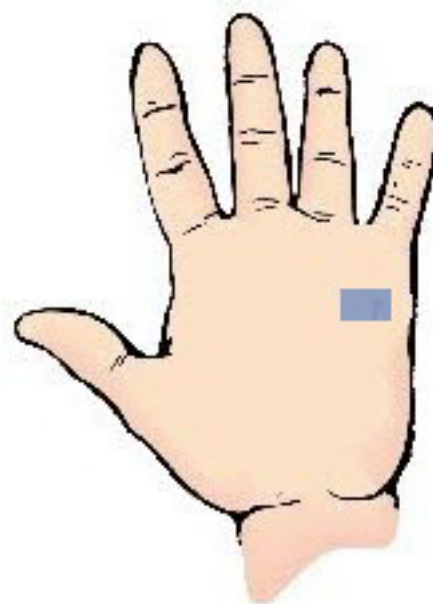
Mars (major)

The Mount of Mars (major) is found on the palm below the base of the Mount of Mercury and above the Mount of the Moon.

This Mount gives an indication of the person's determination. If it is high, they will insist on going the hard way even when easier options are on offer.

If you press gently on both of the Mars mounts at the same time, you will discover if they are soft or firm.

When they are firm, it suggests that the person is capable and ready to stand up for their beliefs and their goals.



If the mounts are soft, the person may offer less resistance under pressure.

The Plain of Mars

Now, we will concentrate on the hollow section in the center of the palm between the two Mounts of Mars. This hollow is called the Plain of Mars.

The best way to test it is to ask the person to hold their hand steady while you press it gently.

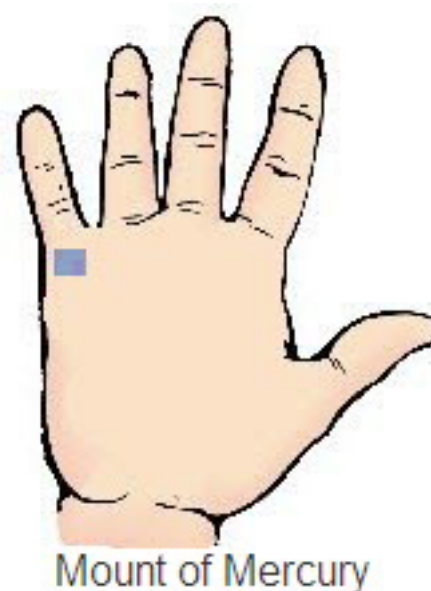
You will find a wide variation in the texture and the degree of firmness.

If someone has a firm Plain which resists your finger, it is a good indication of someone that will stand up for themselves. It is likely that they would enjoy great success in some sort military service, have served or had the desire to do so.

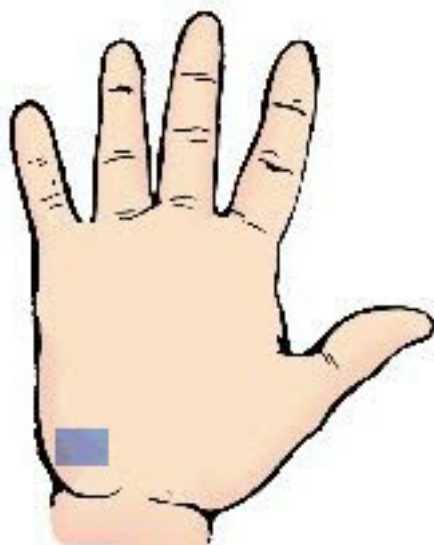
Someone that has a soft Plain of Mars is only likely to be comfortable and productive in a fairly peaceful situation and will try to avoid conflict where possible.

Mercury

The Mount of Mercury can be found below the smallest finger. If it is about average in height, that person is likely to be a good communicator. A prominent Mount of Mercury may indicate someone who tries to influence people just for their own advantage. A low Mount of Mercury may indicate that the person would benefit from developing their communication skills and could be too trusting in their relationships.



Moon



Mount of the Moon

The Mount of the Moon is just above the wrist on the inner side of the palm farthest from the base of the thumb.

The size of this Mount indicates the creativity which the person has. A person that has a low Mount of the Moon tends to emphasize the practical and keep their imagination in check.

If they have a mid-level Mount, they are likely to have an active

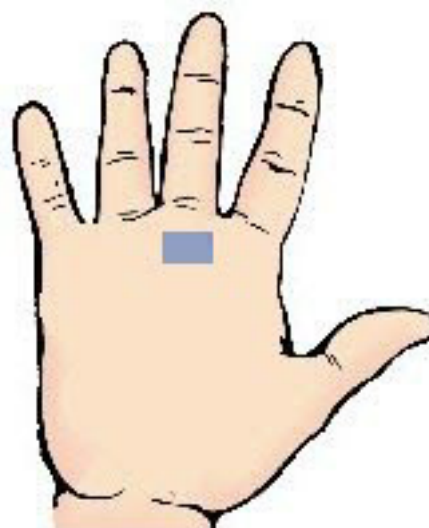
imagination but maintain a good balance with it.

Someone with a raised Mount may have an over-active fantasy life or just tend to get lost in daydreams instead of working to achieve their goals.

Saturn

The Mount of Saturn is below the base of the second finger.

Don't worry if yours is fairly low or even slightly depressed. That's very common. It may indicate that you sometimes tend to be too light-hearted about the important matters which affect your life or that you don't let themselves worry much.



Mount of Saturn

A person that has a strongly developed mount of Saturn probably tends to take everything too seriously. These people may not achieve the rewards for their efforts until late in life but they do have the potential to achieve great things.

At the mid-level, it shows a person with a well-balanced temperament.

They may have a strong interest or desire to learn about esoteric subjects like, for instance, palm reading.

Keep an eye on your mount of Saturn and see if it changes as you go through periods of emotional intensity.

Venus

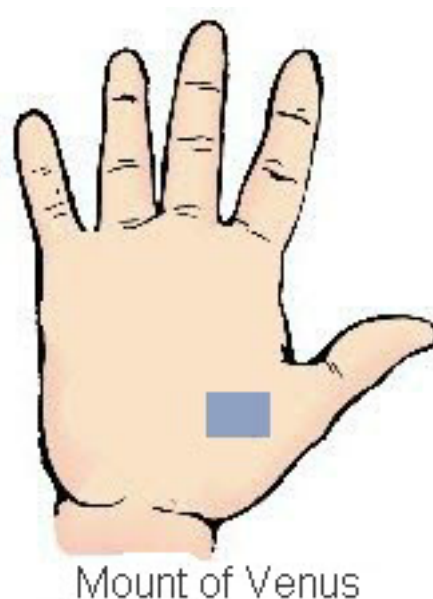
The Mount of Venus is the large pad at the base of the thumb. This mount reflects the person's emotional attributes.

A low or sunken Mount of Venus indicates that they keep their emotions under tight rein.

A mid-height Mount of Venus shows that they have a good emotional balance and an understanding nature.

If the mount is a large one, they are probably inclined to let their emotions rule their actions.

They will probably also seek luxury to share with their friends and partners.



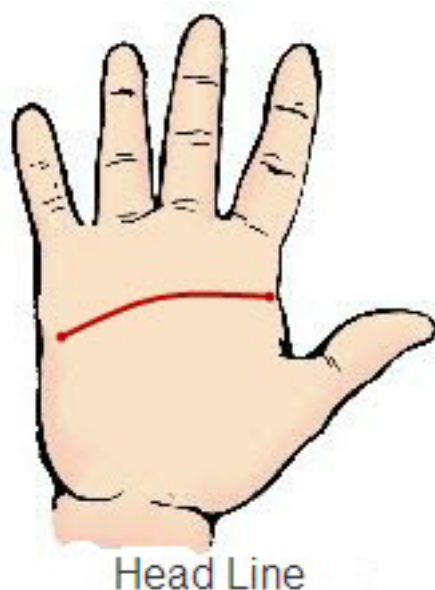
The Main Lines on Your Hand.

The Heart, Life and Head lines are considered the most important lines on a person's hands. You can infer much from these alone.

When you start doing readings for people, you may tend to spend too much time on these so that the reading will run over time.

But, always give them the time you need to explain their significance to the subject because they have a strong influence on the most important areas of that person's life.

The Head Line



The head line starts in the same area as the life line, below the Mount of Jupiter under the first finger and above the base of the thumb.

The qualities shown in the head line indicate the quality of the person's mental processes.

Some people have their Head line starting very close to the beginning of their life line. This may be very desirable because the person will have a good mind for business.

If the beginning of their head line is actually joined to their life line, it indicates a cautious person who always thinks things through. This may be the result of episodes when they were children that left them unsure about their abilities. That may have hampered their progress for years.

When there is a space between the beginning of their head line and the life line, I believe that indicates they can be impulsive and this tendency may increase as they become older.

Most people have a head line which reach at least to a point below the Mount of Apollo (under the third finger).

Head lines which don't go that far are classed as short. These people will do better by focusing on just one major topic at a time.

Those head lines which reach nearer to the other side of the palm are, of course, classed as long. People with these head lines are usually capable of considering and dealing with multiple fairly intense events at once – the true multi-taskers.

A person whose head line points downward is likely to be more interested in artistic endeavors than the person whose head line plots a straight, steady course across their palm.

A long head line is an indication that the person can focus on what they are doing and what they plan to achieve. Such people are also likely to have a good memory.

Side note: From discussions with a "memory expert", I believe that almost everybody has a good memory but we don't feed it properly. After our talk, I started to focus on each person I met much better. I really listened to what they said and their name, etc.

Within a couple of weeks, I was recalling important information from shopping lists to computer passwords better than ever before!

Breaks or other interruptions to a head line may indicate a time where their intellectual power is below par. These episodes can be disturbing but the person usually comes through the experience with a better understanding of their abilities and how to apply them for even better results.

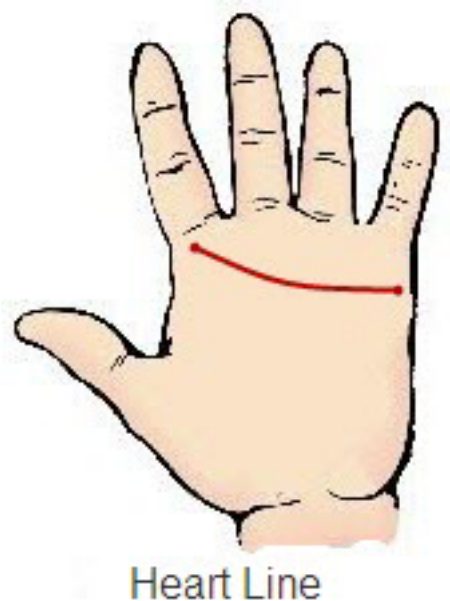
A shallow head line may indicate someone that cannot concentrate intensely on a single subject, however important, for long.

A strong head line is a sign that the person can give any subject the attention and time needed.

The Heart Line

The heart line will start at a point in the area below the first two fingers nearest the thumb.

Different people's Heart Lines will start at different points under either of the first two fingers (Jupiter or Saturn) or in the area between them. I am not aware of any particular significance being attached to where someone's Heart Line actually starts.



The heart line relates to the person's emotional life. A well-developed heart line indicates that the person has strong emotions.

A fairly straight heart line is an indication that the person probably keeps a tight rein on their emotions.

This type of heart line, called a humanitarian heart line, usually will extend all the way to the opposite edge of their palm, below the smallest finger. These people like people but may have difficulty expressing their true feelings. As they meet and mix with more people, their genuine concern for others shows and they are able to make friends more readily. But they still need some personal space at times.

If their heart line curves upward, they have a physical heart line along with a strong level of desire and willingness to display it to the right person or people.

They are likely to have a strong relationship and plenty of friends right into their later years.

If they have a shorter heart Line which does not reach to the second finger, they are probably more idealistic than practical. This can lead to disappointments through their life but their general good nature will help to see them through.

The Life Line.

The life line begins in the area on or below the Mount of Jupiter down to the base of the thumb. From there, it travels in a gentle curve around the Mount of Venus to a point near the center of the base of the palm. There are wide variations in the points at which different people's life lines begin and end.

Someone whose life line begins near the Mount of Jupiter is likely to be ambitious and capable of achieving those ambitions.

A person whose life line begins much closer to the base of their thumb is likely to show less ambition and may therefore be less successful.

Small branches sprouting from the sides of the life line may indicate periods of illness but should not be interpreted as anything serious on this basis alone.

This line causes more problems for inexperienced palm readers and worry for their clients than any other part of the hand.

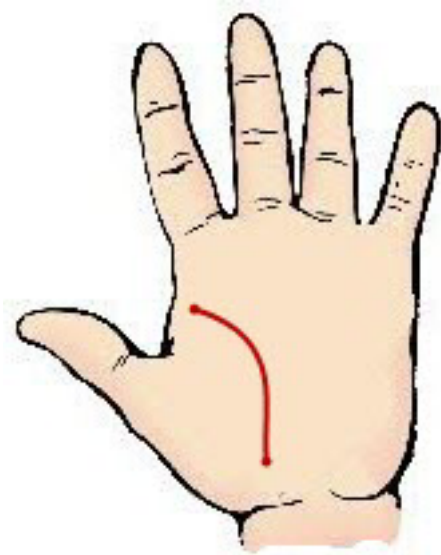
Many people have called me after someone read their palm and gave them a dire warning because they saw a break in their life line!

This is very irresponsible on the part of the reader and it is also wrong.

Telling anyone that they are likely to live until a specific age or date could lead to the prediction becoming a self-fulfilling prophecy if the person is very suggestible or under great stress.

Anyone that tries to calculate the length of someone's life from a line on their palm is wasting their time and can also cause useless and possibly damaging worry for the person whose hand they are reading.

You should point out to anyone that asks that sort of question that you cannot calculate the length of their life or anyone else's. You only see indications of the quality of their life at different stages.



Life Line

Palm reading, at its best, can only indicate potentials and possibilities. The Life line is an indicator (but not the only one) of the quality of a person's life at various points, not its duration.

A break in the line does not indicate the time of their death.

If you have a long life line, you probably have greater energy resources than somebody who has a relatively short life line.

Most healthy people have a life line with a clearly visible, firm downward curve.

Someone whose life line is straighter may have less energy. But, this can be improved if they will invest some time and effort. A straighter life line does not mean that person is ill, just that they should work on their fitness and perhaps reduce their stress levels.

The Other Important Lines.

There are many lines and other marks which have become part of the features sought by palm readers.

Not all of the lines will be present on all of the palms which you examine.

Some will appear at times but be absent on other occasions. That's a good reason to keep good records and copies of pictures of the palms you examine, especially for regular clients.

The Bracelets

The Bracelets are lines that can be found across the person's wrist. There may be up to three bracelets and their length and prominence also vary.

Three well-defined long bracelets are considered by many palm readers to indicate a strong constitution and a happy healthy life.

They believe that breaks in the bracelets may indicate periods of illness but I would probably not say this to someone I was reading for.

If the upper bracelets are chained together, a full measure of happiness may only be gained after some large problem.

When the bracelets are frayed rather than smooth lines, the person may face serious challenges but they are likely to overcome them.

If you see lines rising from the top bracelet toward the major lines on the palm, they are regarded as having a good influence on the lines which they point to.

The presence of the bracelets is usually considered a good sign.



The Bracelets

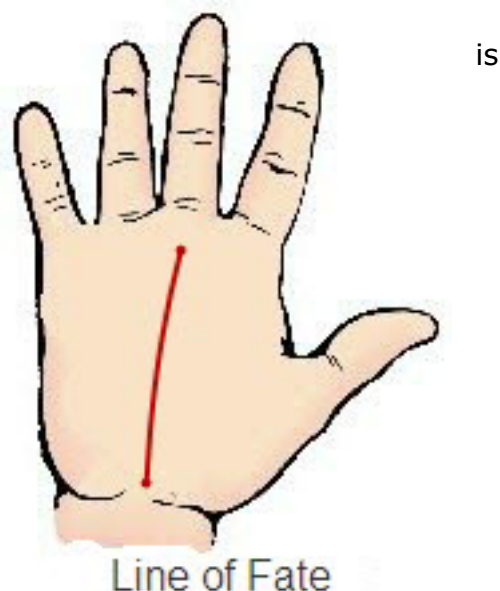
The Fate Line

The fate line, also known as the Saturn line, is an almost vertical line which rises from the base of the palm near its center and head toward the Mount of Saturn below the second finger.

It indicates the person's likelihood of achieving their desires and goals. This is often assumed to be a guide to their success in business but can also affect their achievement of more personal desires.

Unlike some other lines, a gap in the fate line or other interruptions do not indicate weakness in the line.

Consider whether these make a significant impression on the depth and quality of the fate line.



The fate line may be a number of short lines rather than a continuous one.

Some get near to the Mount of Saturn but others end nearer to the head line or the heart line instead.

Many palmists say that a person whose fate line ends near to the head line may experience an unexpected change in their circumstances.

If someone's fate line ends nearer to the heart line, they may have to decide between a long-term commitment or achieving their most deeply felt personal goals at some time.

When the fate line goes beyond those other two lines, it indicates that person has uncommon drive and determination.

The Line of Apollo

This line, also known as the sun line or the luck line, can be a single line or a series of short lines descending from the Mount of Apollo toward, and sometimes almost reaching, the Mount of the Moon (Luna).

Look for this line near the Line of Fate.

The clarity and length of the line or series of line gives an indication of the person's success through life in achieving their dreams and using their talents and skills to good effect.

If the line starts above the heart Line, their greatest success will probably not occur until their later years.

You should always take note of the state of other lines on the person's hand when evaluating the effect of the Sun line. A strong Line of Apollo is said to indicate someone with a strong chance of ultimate success in their endeavors.



Line of Apollo

The Girdle of Venus

The Girdle of Venus is a small curved line which many people have running from the base of the second finger toward the outside edge of the palm farthest from the thumb. It may just cross the Mount of Saturn and the Mount of the Sun, then curve up toward the base of the fingers. It may be a series of broken lines rather than one solid line.

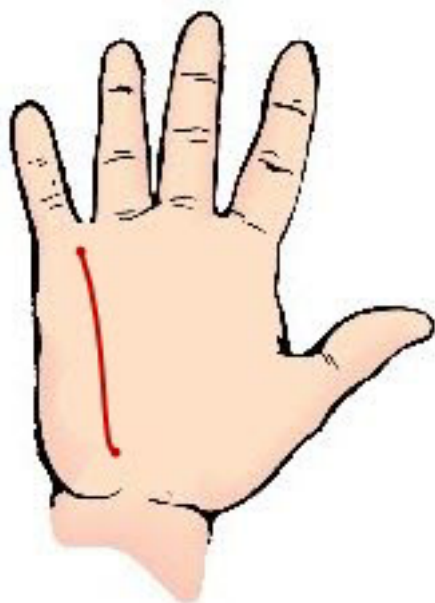


Girdle of Venus

The Girdle of Venus indicates a degree of sensitivity. When it is pronounced, they may be subject to sharp mood swings.

Some people will have no Girdle of Venus.

The Health Line



The health line, called the "Hepatica" in some older texts on palm reading, takes a diagonal path from the bottom of the palm near the Mount of Venus toward the Mount of Mercury under the smallest finger.

If you find someone that has no visible health line, you can tell them not to worry. Although a short health line may indicate some periods of poor health (which could be as mild as a cold or sore throat), having no health line is believed

to indicate an absence of health problems through most of the person's life. These people often have very good digestion which helps them avoid other problems.

If you check your health line (assuming that you have one) over a period of time, you will probably notice changes in its appearance. Keep a record of the changes along with a note about your general health when you made each observation.

That won't, of course, be any kind of substitute for regular check-ups by your doctor. But, it will show you whether your own health line is a good guide to your own condition.

Some people who do not usually have a health line, find that one appears when they are sick or under particularly heavy stress in their job or their personal life. It may disappear again when the stress or illness has passed.

Relationship Lines

The relationship lines are a group of lines which run from the side of your palm, just below the Mount of Mercury inward and angling slightly upward.

In traditional palm reading, they are believed to represent the main relationships or marriages in that person's life.

Breaks in the lines may indicate stresses in the relationships. Forks and other interruptions may be interpreted as problems but be careful and sensitive to the person's feelings if you feel you need to mention these negative points at all.

These lines are discounted by many palm readers, including me. The heart line is usually considered a better indicator of the emotional history of the person.

The Ring of Saturn



Ring of Saturn

This is a fairly rare, small semi-circular line at the base of the second finger. Some palm readers believe that it indicates that the person suffers from a low self-image.

Hopefully, your reading will encourage them to feel better about themselves and their potentials for the future, so the Ring of Saturn will be erased as their life improves.

Medical Stigmata

The medical stigmata are a row of short, usually vertical, lines on the Mount of Mercury, below the smallest finger. If the person has three or more distinct lines there, it indicates a potential and predisposition for healing or nursing people.

Some people may have less than three of these lines but still be drawn to a career related to healing or helping people.

Studying the Hands

As well as studying the lines and bumps (or lack of them) on the person's hands, you can gain some insight from looking carefully at the other details of their hands.

Length of their Fingers

The length of a person's fingers relative to the rest of their hand is always worth checking.

A person with short fingers is likely to be a bit impatient and like to be busy rather than waiting around.

Take this as a warning that you shouldn't let the reading drag on but keep talking and moving it along.

Someone with long fingers is probably more comfortable delving into the details and do anything they take on in a thorough and responsible way.

The Smallest Finger

If the tip of their smallest finger does not reach to the lowest point of the top section of their third finger, it indicates that they may not be able to reach their financial goals without much greater effort.



If the top section of their smallest finger is not longer than each of the two other sections, it may indicate that their people skills could need improvement.



I would usually just keep this to myself and perhaps make the suggestion that they could improve their chances of greater success with some training in that area if it seemed appropriate later on.

If the top section of their smallest finger is longer than each of the two other sections, I would say that I believed they have better than usual skills for dealing with people and this could be very valuable to them and their employer.

If the central section of their smallest finger is about the same length as the bottom section, it indicates some actual or latent ability to write well. This may just show in their emails or letters but books and other potentially profitable products should be possible if they try.

Other Fingers

The center section of their third finger indicates their level of good taste. If the section is longer than each of the other sections they have good taste but that may cost them money sometimes when they insist on buying better quality even when it costs them more.

When the bottom section of their first finger is well-developed and at least as long as either of the upper sections, they have or will develop a strong religious belief or personal philosophy.

People that have first and third fingers that are close to the same length have a great chance to achieve their goals through their own drive and effort.

When their third finger is shorter than their first, I suggest that the first finger being longer indicates that they have sufficient drive to achieve their ambitions in almost any field which they choose.



Where the first finger is shorter than the third, it indicates someone that has developed more confidence in their own abilities as they grew older.

People that have a very short first finger may have an inferiority complex but, in line with my usual practice, I would keep that to myself and try to find something positive which they could take away from the reading instead.

The Thumb

If the lower section of their thumb is slightly thinner than the upper section, that person is likely to be good at dealing with people and getting what they want without fuss.

The top and lower sections are said to represent the person's reserves of willpower and logical thinking respectively.



The best mix is when both resources are present in about equal proportions.

A person that has more willpower is likely to suffer from a few mistakes at times but that willpower will help them to get going until they get the result they want.

If they have more logic, they may find it easy to develop good plans but often don't see them through to a successful and profitable conclusion.

A quick test which may show the level of a person's ability to withstand pressure is to have them hold their hand upright, then gently press down on the top part of their thumb.

A high level of resistance indicates that the person has a stubborn nature which can work either for them or against them.

More than a Hobby

If you decide to develop your palm reading ability to where you can start making some money or perhaps raising some funds for a charity or community group that you are connected to, this chapter will be helpful to you.

When I was doing palm reading to earn part of my income, I had a few clients that asked me how to get started.

This section is based on the written notes and conversations which I had with them.

Of the three I remember most, two became quite successful because they applied themselves and did not let any early upsets or setbacks stop them.

The other person started well but decided to try something else after one person was fairly rude about the reading that he did. I think he would have done alright if he had done a few more readings before giving the whole thing away so quickly.

None of this was much of a surprise – the results they got were in line with the readings which I had done for them in the previous couple of years.

Location: The first thing you need to decide if you decide to do readings is where you will set up.

Many readers work from their homes but this means having a room or two that you can set aside for the purpose. Then, you have to set everything up so that the rest of your family is not disrupted too much by the clients or the clients by the rest of the family or pets too.

Many readers start working from their own home and then rent an office when their income has risen enough to cover the expense.

Work for Tips: Other readers look for work at a restaurant or other venue. This can be an arrangement where they pay you or you work for tips, maybe an occasional free coffee and the chance to meet people that could become your private clients later on.

You need to be very good with your readings and your interaction with all kinds of people if you want to do this. The first person you need to convince is the manager of the venue.

This is not easy to sell but it can save you a lot of incidental expenses and avoids you having to provide your own premises, at least for a while.

You might suggest to the Manager that you do a free reading for a staff member at a suitable quiet time or, if you are very confident and well prepared, you might offer to do a session on a day of their choosing without charge (any tips going to the staff).

Keep Good Records: You need to consult your accountant, or get one if you don't have one already, so that you set up a proper system of records for income and expenses. You need to account for any income you make at tax time, even if you don't make a profit.

Be professional: Whether you are accepting payment for your readings, doing the readings with all the money going to a charity or just doing some readings for friends or to gain experience, always do everything in a professional manner.

Leave them happy: I firmly believe that this is the most important point of all. Although you should always tell the people you read for what you believe is indicated by the lines and other features which you study, I suggest that you avoid making any statements which could worry them or cause any kind of distress. The people I learned from told me that I should always try to have people feeling better after the reading I gave than when they sat down.

After all, who wants to get a reputation for making people unhappy?

Ask the organizers to collect the money: My rule with charity events was that they provide someone to collect the money from the people I read for, even when it was an organization I belonged to.

This gave me more time to do readings. But, I just didn't want to be responsible for their money even for a short time.

It also meant that I did not have to wait for the money to be collected and counted after the event was over.

I could spend that time talking with people I knew that I hadn't been able to speak with while I was doing the readings or just slip away much earlier than if I was responsible for the money.

Another point about charity events: I did not mind if there was no publicity but I asked that they included my name and the service I was providing in any publicity about the event. That is, "**Wallace Easton** will read palms ..." instead of the usual "**a palm reader** will do readings".

Never exceed your Knowledge: Be careful that you never offer anything which could be considered professional advice on medical, financial or other matters unless you have the appropriate qualifications and licenses.

There are also laws in many places about fortune telling and other matters which might affect your palm reading. Make yourself aware of current regulations and practices in your area. Contact other readers in your area and ask them if you are unsure. You can also contact the appropriate departments of your local government.

Always Speak Well of other Readers: This is important in any type of business; always speak well about other people in the same line of work. This is particularly important with palm reading and similar pursuits where some people have already done enough bad things to make it hard for us all.

If you say something negative, however insignificant about another reader, the people that hear you will probably lose some respect for all readers, including you.

You should never praise someone that does not deserve it. The best policy in those circumstances is to follow my grandmother's wise words, "If you can't say something nice, just say nothing."

Making a Hand Print

Most of the readings you do will be while you have the person sitting opposite or beside you. You will be able to see the lines and other important features on their hands and can point them out to the person while you give the reading.

You will probably find that your readings will improve quickly when you start to do readings for live people. This is because you will establish a personal connection with the person whose palm you are reading.

You will have to touch the person's hands from time to time as you point some of the parts of the hand which you are basing your reading on and explain their significance in a palm reading.

I believe that, if the reader has any psychic ability, this close contact helps to establish a psychic link between the palm reader and the other person. This can result in you getting strong impressions about aspects of the sitter's character and life experience which could give your reading much greater depth and accuracy.

But, when you are just starting to learn what the different features on people's hands indicate, it will probably be more convenient for you to use pictures of someone's hands because you will be able to take as much time as you need to do them.

I've put some pictures of people's hands in the book.

If you want more, so that you have a greater variety for your study, you can gather pictures from magazines or get them from your family members and friends.

I'll explain the most common methods used to make prints of people's hands in this section.

It's easy enough but all the methods require some care and preparation.

Ink prints

The traditional method is to apply ink or some other substance to their hands and then press them on to sheets of paper, just like the police have taken copies of people's fingerprints during the investigation of crimes for many years.

This method requires some practice and concentration when doing it to avoid potential problems.

- The person will feel uncomfortable even if they don't actually object to the process.
- There will be some potential for damage to their clothing or other property by contact with the mixture you use. You would have to pay for the cost of replacement or repair and the incident could affect your future relationship with them.

You will need:

- A table or other firm, flat surface.
- Ink or other substance to transfer the impression of the hands.
- A roller to apply the ink to the hands. I suggest a roller up to ten centimeters (four inches) wide and up to two and a half centimeters (one inch) in diameter.
- A smooth tile or linoleum block about six inches square from the art supplies store. If you don't want to buy a tile or block, you might use a sheet of thick, non-porous, smooth plastic. Keep the tile or block only for inking your roller.
- Paper to make the print on. I use the same good quality paper that I used in my computer printer. Don't use low quality or thin paper because that will affect the quality of the prints which should make and could give people a poor impression of your standards. This
- A smooth linoleum block or tile to transfer the ink to your roller.
- Cloth, towel and hot water for the person to clean the ink off their hands.
- Cleaning materials in case there is any spillage.

You will also need to find a willing and patient friend or family member to practice on until you are very comfortable with the process.

Different palm readers use a variety of compounds to transfer the image from the person's hands to the paper. Look for something which is fairly easy to remove and likely to be low risk in use.

A water-soluble block printing ink from an art supply store should give a good impression and be fairly easy to remove. If you can afford it, choose a recognized quality brand, even if it costs a little more, because it will reassure the person whose hand prints you are taking that you have good standards.

Allergy Alert: Check with the person about any possible allergies or reactions which the ink might trigger. If they have any issues at all with their skin, it's probably better to use your photocopier or scanner as I explain further down or read directly from their hands to avoid any potential problems.

Use the minimum of ink. Too much ink may fill up some of the lines so they may not show clearly on the paper. You may need to slightly increase the amount of ink when you do prints for people that have very rough skin.

Make sure their hand is dry before you apply the ink.

Squeeze about a one-inch length from the tube on to your tile or linoleum block.

You need to make prints of both their hands but always go through the whole process for the same hand before starting on the other one.

Squeeze the ink on to the middle of your tile or linoleum block.

Spread the ink evenly with your roller over the tile or block and then make sure that you get a smooth coating on the roller.

Then, you apply it evenly on to the hand. Make sure that the whole surface of the hand is clearly shown including the hollow in the center of the palm where the lines cross it.

Then, you lay a clean sheet of quality paper on a thin towel or a mouse pad. You need to use something which will give a little bit when you press the hand on to the paper so that all the areas of the hand will make contact with the paper.

Sometimes, the first print may be blotchy because there was too much ink. Just discard it and make another print without applying more ink to the hand.

If the depression in the center of the palm or the lines across it are not clearly shown on the print, you will need to make an extra print. This time, you can put a small wad of facial tissue under the area which will contact the hollow in the palm so that area will show more clearly in the print.

When you have got usable images of all the areas of the palm and the lines, write on them the name of the person, the date that you made the print and whether it is the left or right hand.

Then, follow the same procedure for the other hand.

When you have got the prints you need, take the person to your bathroom so they can clean their hands.

This is a good opportunity to put your roller and block or tile into a bowl of hot soapy water so that they will be easier to clean after you have finished doing the reading.

The block and tile will become stained by the ink after repeated use which is not a problem.

But, you must check that you do not get any ink build-up on the roller or tile which could interfere with getting accurate prints.

If there is any build-up, don't scrape them or you might spoil the smooth surface and have to buy a replacement. Just soak the roller or block in some soapy water overnight and it should remove the ink.

Dry them thoroughly before you use them again.

Photocopies or Scanned Images

While many palm readers still follow this traditional method and apply powder or liquid to their subject's hands to get a print, it may be more comfortable for the subject if you get the prints you need by asking them to put their hands on your photocopier or scanner.

Some people may be concerned about being exposed to toner dust or ozone while the images of their hands are being produced.

Please check with your own doctor but, from what I have read, the risks appear to be very slight if the room is well-ventilated and the exposure is just for the time to make a couple of copies.

The subject should sit or stand next to the photocopier or scanner and put one hand flat on the imaging area. . Ask them to put their hand lightly onto the glass, without pressing hard (that could damage the machine).

Gently close the lid of the copier or scanner and then cover the whole top with light-proof white material

Then, make the copy.

Carefully check the image to ensure all that all flat areas are dark and as the lines and depressions are light.

If you are using a scanner, print a copy of the scanned image.

Now, you write on the

If everything is as you want it, make a similar image of the other hand.

Photo Image

If you have a digital camera which can produce a macro image with suitable fine definition, you could photograph their hands and then transfer the pictures to your computer.

Then, print a copy of each image. Now, you write on the printed

Example for you to Read

This set of Hands will be good for you to study and to check your own understanding of Palm Reading.

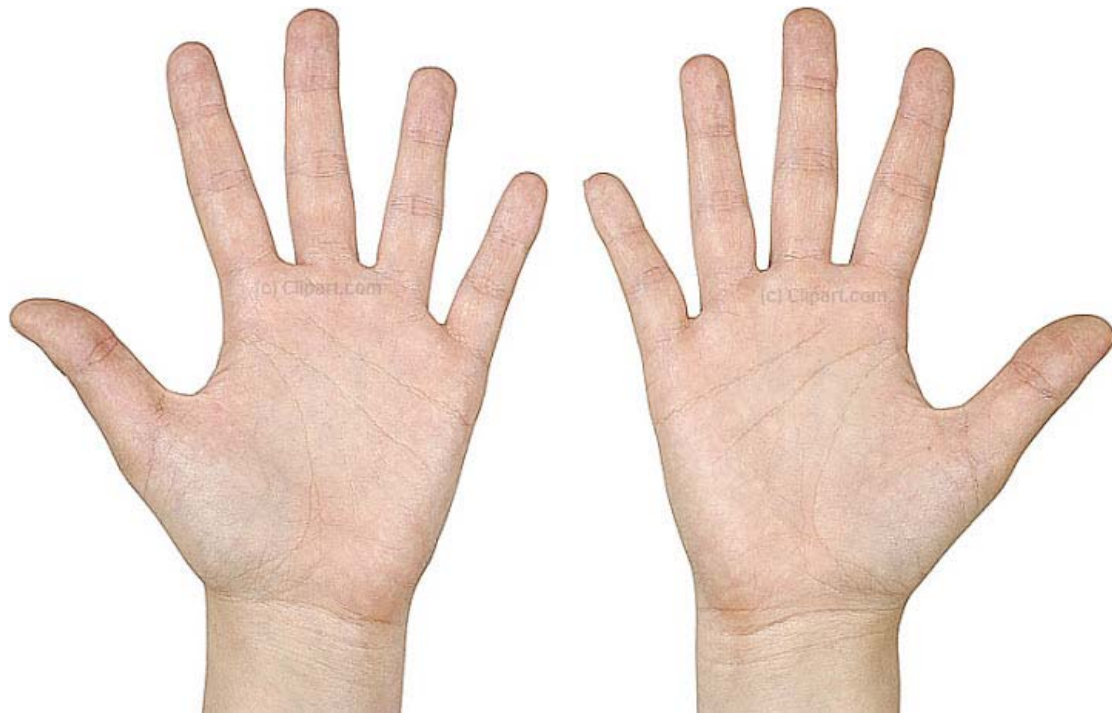
After the page with the prints on it, I've put pages of hints and example descriptions. So, please don't turn the page until you have a go at writing your own analysis of the hands.

If you are really stuck, you can either flick forward and see the hints or go back to the explanations in the earlier sections of the book.

When you have worked with this pair of hands, you can use the hint sheets when you practise on other pictures or with friends' hands.

Good Luck.

Read these Hands



The hands are required to be watermarked
but I have made it as unobtrusive as possible.

Some people may find the lines on the negative version easier to see.



Warning: Hints start on next page.

Hint Sheets



Start with the broad characteristics of the hands and the sections of the fingers (P 29).

Are their fingers shorter than rest of hand:

.....

Smallest finger (P 29):

Does it reach the base of the top section of the third finger?

.....

.....

Is top section longer than each of the other sections?

.....

Is the central section about the same length as the bottom section?

.....

Other Fingers (P 30)

Is the center section of their third finger longer than each of the other sections?

.....

Is the bottom section of their first finger well-developed and as long as either of the upper sections?

.....

If their first and third fingers close to the same length, are they likely to achieve their goals over time?

.....

When their third finger is shorter than their first?

.....

What if their first finger is shorter than the third?

.....

If the lower section of their thumb is slightly thinner than the upper section, it indicates they have/haven't good interpersonal skills.

The Thumb (P 41)

The top section represents the person's reserves of

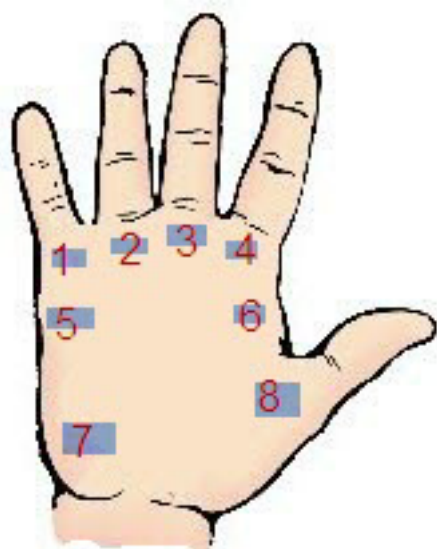
A] willpower or B] logical thinking?

What do the proportions of the two sections on their thumb indicate?

.....

Ask them to hold their hand upright, then gently press their thumb. What are you checking?

.....



The Mounts (P 11)

There are 8 Mounts. Their names are related to the Astrological Planets.

There is also a Plain which shares its name with two of the Mounts.

1	Mount of Mercury
2	Mount of the Sun (Apollo)
3	Mount of Saturn
4	Mount of Jupiter
5	Mount of Mars (major)
6	Mount of Mars (minor)
7	Mount of the Moon (Luna)
8	Mount of Venus
Plain	Plain of Mars

The Lines (P 18).

Head Line starts below the Mount of Jupiter under the first finger and above the base of the thumb and travels toward the edge of the palm furthest from the thumb.

If the Head line Starts near their Life line?

.....

A] If the Head line is connected to their Life line at the start?

.....

B] If there is a gap between the start of their Head line and their Life line?

.....

(Either A] or B] indicates a cautious person, the other indicates someone who is impulsive)

What does a short Head line indicate?

.....

What does a Head line that points down indicate?

.....

The Heart Line (P 20)

The Heart line starts somewhere in the area below the first two fingers nearest the thumb.

The heart line relates to that person's experiences.
That's obvious from the name of the line!

The Life line (P 21)

The Life line begins on the Mount of Jupiter or between the bottom Mount of it and the base of the thumb. It travels in a gentle curve around the Mount of Venus to a point near the center of the base of the palm

Does the Life line help you predict how long someone will live?

If someone's Life line begins near the Mount of Jupiter are they likely to be ambitious and capable of achieving those ambitions?

The Bracelets (P 23)

Where are the bracelets located?

Does everyone have the same number of bracelets?

What sort of vocation seems to attract people who have well-defined bracelets?

The Fate line

The Fate line, also known as the Saturn line, runs vertically from the base of the palm near its center toward the Mount of Saturn below the second finger.

This does not indicate someone's ultimate fate but the likelihood of attaining their business or personal desires.

Final Word

Thankyou for buying and studying my Palm Reading book.

I have enjoyed writing it, just as I enjoyed all of the experiences which I had as a professional Palm reader.

If that is your ultimate ambition, I know you will enjoy it too.

However you employ your new ability, you will have many opportunities to entertain and help people from all walks of life.

Some will become firm friends and some you may only ever see once.

If you stick with my philosophy that you will try to have everyone feel better and more confident at the end of your reading than when they came to you, you can expect good luck and much success.

Wallace Easton 2009

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